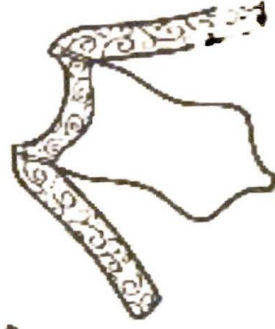
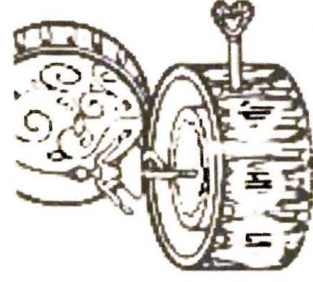
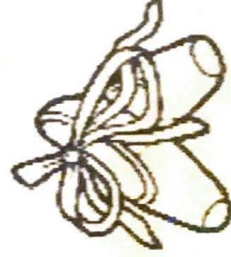
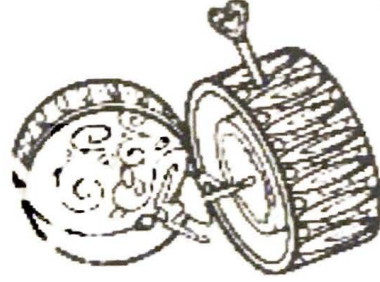
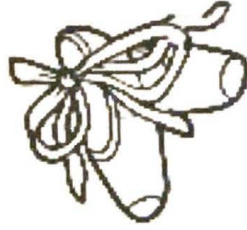
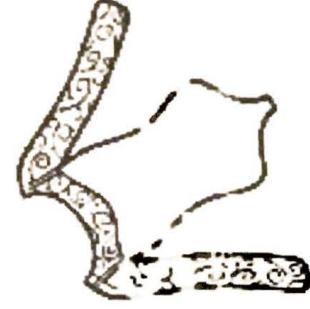
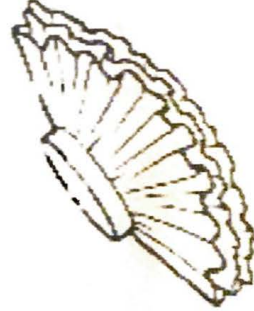
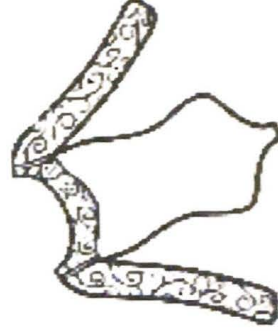
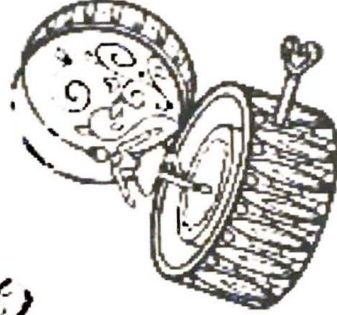
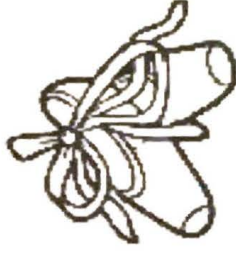
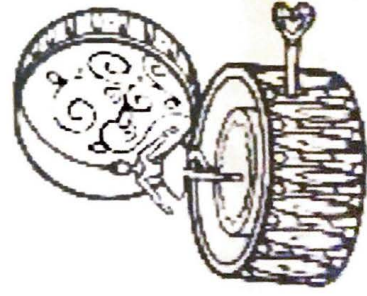
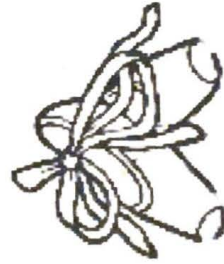
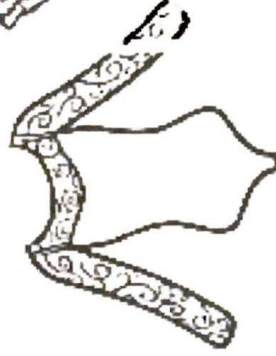
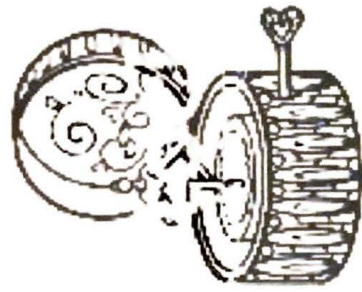
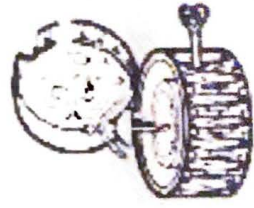
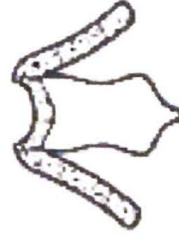
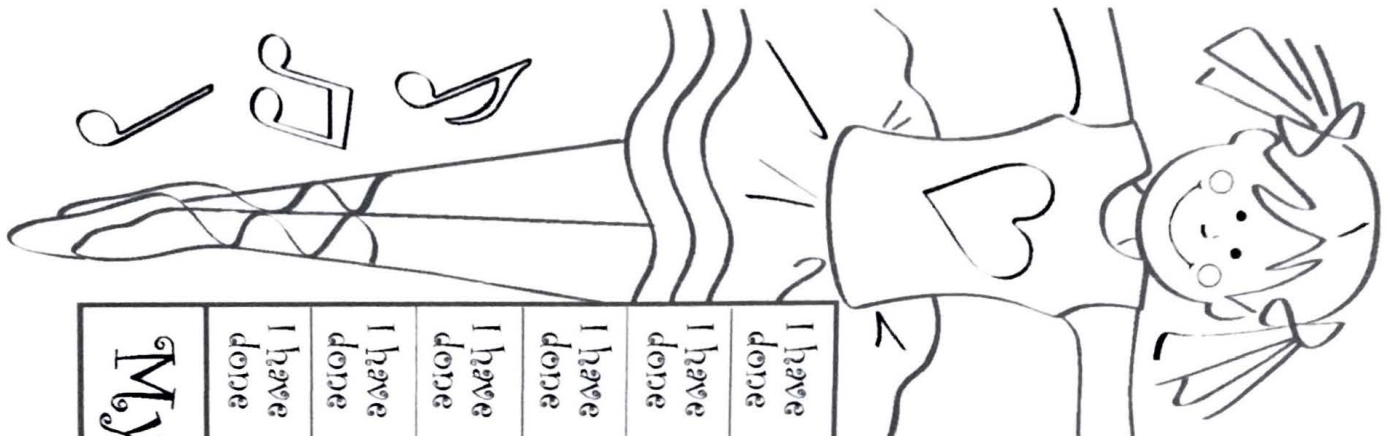






**HOW
MANY?**





Name

Ballet

Reward Chart

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
I have done							
I have done							
I have done							
I have done							
I have done							
I have done							

My reward is

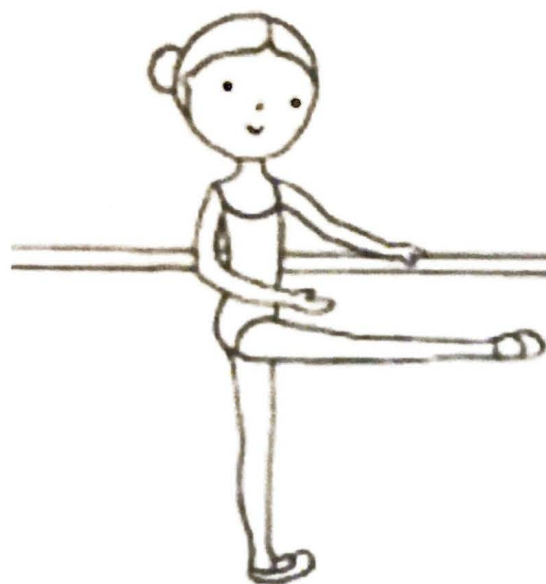
Ballet door hanger



Have fun colouring in this door hanger!
Print out onto card (or stick onto card) and
then cut along the dotted line.

I am always aiming to get better and stronger!

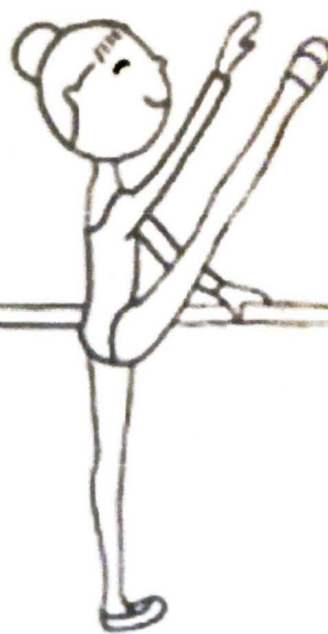
I am working on: _____



high



higher



highest



I did it:
triple pirouette!



Finally:
entrechat quatre!



Keep bending:
beautiful arabesque!

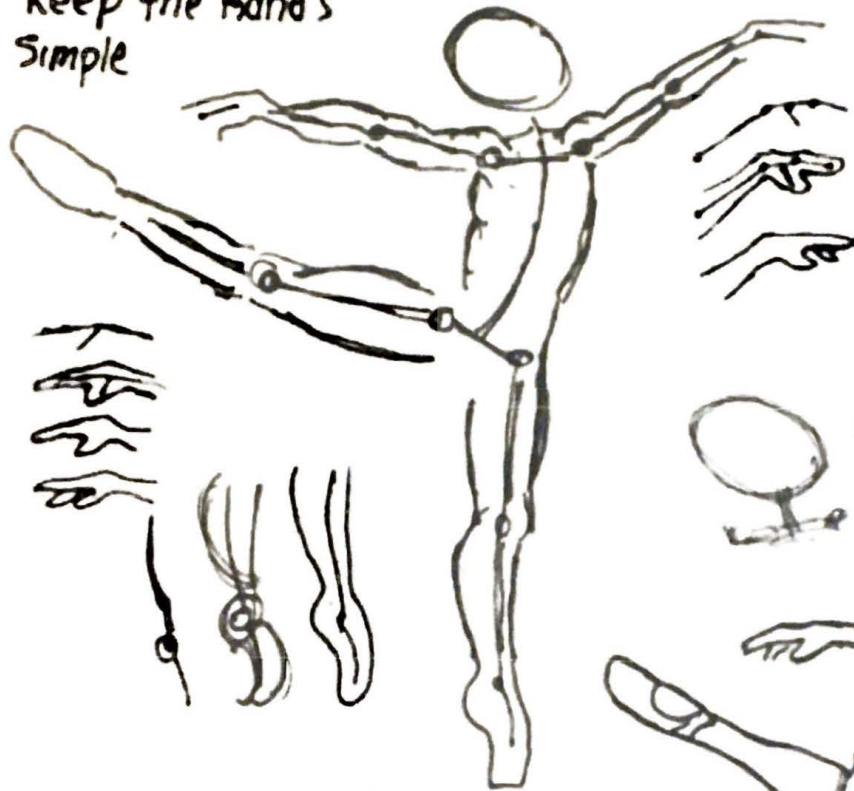
How to Draw a Ballerina worksheet

Start by drawing lightly so you can erase later.

use a stick figure with joints to start

Draw around the stick figure to build up the body. give curves for muscles and joints.

Keep the hands simple



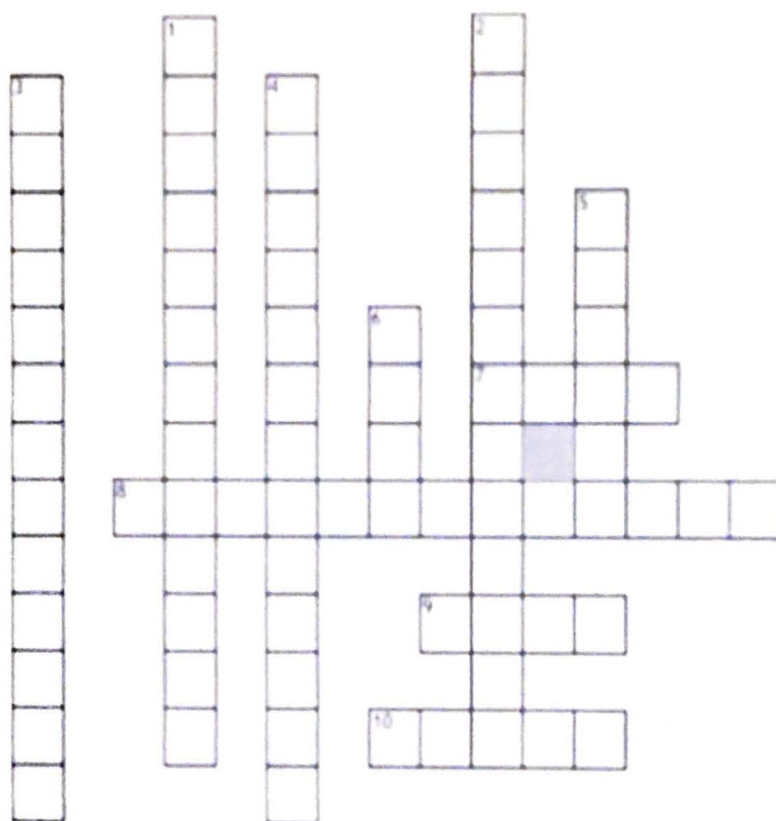
Keep the face simple. draw the hair after you finish the face.

Draw the clothes last. the skirt has waves. the top is skin tight



Name _____

Ballet Crossword Puzzle



Across

7. bend at your knees
8. a position where your feet make a "V"
9. a brush off the floor that goes as high as possible (grand battement)
10. brush to point your foot

Down

1. a position where your heel touches the middle of your foot
2. a position where your feet are apart
3. forth position closed
4. a position like third but one foot is in front of the other
5. a style of dancing
6. a jump where you jump from one foot to the other

Word Bank

second position
pile
ballet

first position
leap
fifth position

third position
tendu

kick
forth position